

FINISHER CERTIFICATE



Dale Forde

1:51:01

Swim: 14:19 **T1:** 2:25 **Bike:** 55:45 **T2:** 1:10 **Run:** 37:21

Overall Place: 26 **Gender Place:** 20 **Division Place:** 1

Event: Long Individual Ages 60 - 64

Timing and Results by:  **RACING SERVICES**