



**New York**  
Blood Center

25th Annual

# ROB'S RUN

## Cross Country 5K Race

Individual and Team Competition

**Sunday, November 25, 2018**

Stillwell Woods • Syosset, NY



**USA**  
TRACK & FIELD  
LONG ISLAND



Presented by:



# FINISHER CERTIFICATE

# Ronnie Vichman

**Time:** 21:48

**Pace:** 7:01

**Overall Place:** 30

**Gender Place:** 27

**Division Place:** 1

**Event:** 5K Run

**Division:** Ages 35 - 39

Timing and Results by:

