



**New York**  
Blood Center

25th Annual

# ROB'S RUN

Cross Country 5K Race

Individual and Team Competition

Sunday, November 25, 2018

Stillwell Woods • Syosset, NY



**USA**  
TRACK & FIELD  
LONG ISLAND



Presented by:



# FINISHER CERTIFICATE

# Heather Riddiough

**Time:** 23:09

**Pace:** 7:27

**Overall Place:** 53

**Gender Place:** 9

**Division Place:** 1

**Event:** 5K Run

**Division:** Masters

